

# OLIVIA TETUAN

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## EDUCATION



### FORDHAM UNIVERSITY

May 2023  
MA IN Social Work  
New York, New York

### BERKLEE COLLEGE OF MUSIC

MAY 2018  
BA IN MUSIC THERAPY/MINOR IN PSYCHOLOGY  
BOSTON, MASSACHUSETTS  
CPR/FIRST AID/AED CERTIFIED



## MUSIC THERAPY EXPERIENCE

- **2023 New York Psychotherapy and Counseling Center: Social Work Internship**
  - ✓ Provided one on one psychotherapy for children, adults and older adults
  - ✓ Facilitated family therapy sessions
  - ✓ Sessions included working on trauma, depression and anxiety.
- **2022 Cooke Transitions: Social Work Internship**
  - ✓ Facilitate small psychotherapy groups with young adults with special needs
  - ✓ Conducted biopsychosocial evaluations
  - ✓ Facilitate one on one therapy sessions
- **2019: Good Vibes Music Therapy, Staten Island NY**
  - ✓ Plan and Lead music therapy session at Private Practice and at-home sessions.
  - ✓ Participants include individual sessions with children with special needs from the age of 5-20. Sessions include setting goals and objective to improve social skills, communication skills, eye contact, impulse control and motor skills.
- **2019: Brooklyn Conservatory of Music, Brooklyn NY**  
**Music Therapy Intern at The Cooke Academy and PS 114**
  - ✓ Co-led and led music therapy sessions at Elementary, Middle and High School with children with special needs in Lower Manhattan. As well as working with typical children with emotional trauma in Brooklyn.

- ✓ Participants included 5-6 children per group and a few individual sessions. Music therapy sessions included setting goals and objectives to improve communication skills, impulse control, communication skills and turn taking.
  - ✓ Wrote weekly site reports to document client progress and next steps
- **2018: Dana Farber Cancer Institute, Boston MA**  
**Student Music Therapist**
    - ✓ Planned music therapy sessions that included setting goals and objectives focused on mindfulness and meditation.
    - ✓ Wrote weekly site reports to document patient progress and next steps.
    - ✓ Led and co- led hour-long music therapy sessions to reduce anxiety, stress and perception of pain at outpatient facility offering diagnostics and treatment for oncology patients.
- **2017: Tufts Medical Center, Boston MA**  
**Student Music Therapist**
    - ✓ Planned music therapy sessions that included setting goals and objectives focused on song writing and associated interventions to promote collaboration and community building among patients.
    - ✓ Wrote weekly site reports to document patient progress and next steps.
    - ✓ Led and co-led hour-long music therapy sessions with inpatient psychiatric patients using individual and group music therapy to support emotional health.
- **2017: Peterborough Senior Center, Boston MA**  
**Student Music Therapist**
    - ✓ Planned music therapy sessions that included setting goals and objectives focused on client preferred music to support active client engagement and community building among clients.
    - ✓ Wrote weekly site reports to document client progress and next steps.
    - ✓ Led and co-led 30-minute music therapy sessions focusing on community building and social interaction at this day program for older adults.
- **2016: Upham’s Corner Health Center, Boston MA**  
**Student Music Therapist**
    - ✓ Planned music therapy sessions that included setting goals and objectives based on client preferred music to support active client engagement and involvement throughout the session.
    - ✓ Wrote weekly site reports to document patient progress and next steps.
    - ✓ Led and co-led hour-long music therapy sessions for older adults from the ages of 50-80 with Alzheimer’s and Dementia.

- **2016: Commonwealth Children’s Center, Boston MA**  
**Student Music Therapist**
  - ✓ Observed and co-led music therapy sessions at day care program. Participants included 8-10 children.
  - ✓ Wrote weekly site reports to document patient progress and next steps.
  - ✓ Planned music therapy sessions that included setting goals and objectives utilizing instruments and movement for children from the ages of 2-5 with various abilities to support social skills, turn taking skills and following directions.

## **OTHER WORK EXPERIENCE**

- **Labor Coordinator at Production Glue**  
Responsible for payroll and scheduling of employees for a live event company
- **2018 Berklee College of Music, Boston MA**  
Office Assistant in the International Advising Office